

## Support for retail workers facing abuse and violence

**Nobody should feel unsafe at work.** If you work in the retail industry and you've faced abuse, threats or violence, support is available.

My Support Space is an **online resource** from the independent charity Victim Support. **It has information on what you can do if you've experienced abusive or violent behaviour in your retail role.** 

It explains what support options are available and the impact this may be having on you. It also has some ideas you can try to help you cope and improve your wellbeing.





