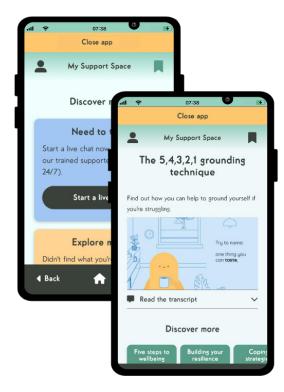


Say hello to the My Support Space app

Designed by the leading victims' charity, Victim Support, the My Support Space app is **a free online support tool.** It's tailored to the needs of victims and survivors of crime or traumatic events aged 16 and over.



Our app has easy-to-find help and information in three key areas:

- information about specific crimes
- support with your rights and entitlements
- ideas to improve your mental health and wellbeing.

The app has helpful animations on many topics and short articles written in **jargon-free** plain English.

You can choose to **create a free account if you want to save articles**you've found helpful. And if you need
to talk to someone you can start a **live chat with us in the app, day or night.**

